



**AFFOR:)ABLE  
REFURBISHED  
KIDS BIKES**

**Bikeability Cycle Training (Year 4)**

Dear Parent / Guardian

We are pleased to offer your child a place on a **Bikeability** cycle training session (to level 1+) which will be delivered over a school day during week commencing on 2<sup>nd</sup> October 2023 (the school will confirm your child’s cycling day nearer the time). The school is covering the cost, but to attend your child must be able to ride a bike unsupported.

Bikeability is a new and much-improved version of the classic Cycling Proficiency Test and meets the current Government-approved standard (see [www.bikeability.org.uk](http://www.bikeability.org.uk)). The training will be delivered by a member of the Bikeability team.

The day begins with a cycle safety check to ensure that the children’s bikes are roadworthy (basic adjustments will be made if required). The training will start with skills exercises on the playground and will continue on local cycle paths and quiet roads for those who reach the required level of bike control.

Children will need a roadworthy bike and a helmet. Please ensure that your child’s bike fits correctly and is safe to ride. (Need a bike? Have a look out for our Affordable Refurbished Bike Sales on our website).

If you wish your child to take part, please complete the consent form and return it to the school **by Friday 8<sup>th</sup> September 2023.**

**Bikeability Cycle Training (level 1): Consent Form**

**Please read and complete this form and return it to school. Thank you.**

**Parent/Guardian’s name**.....

**Child’s name**.....

I am the parent or legal guardian of the above child and I give my consent for them to participate in cycle training provided at their school. I understand that:

1. I will need to provide a roadworthy bicycle and cycle helmet
2. Training will take place in the school playground, local cycle paths and quiet roads where applicable
3. Completion of training does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice (we recommend attending a level 2 course in year 6).
4. The instructor may, at any time, refuse to train my child if their behaviour or competence is deemed to be unsuitable.

..... **Signed Parent/Guardian**

We sometimes take photographs of our training for publicity purposes. Please tick box if you give permission for your child to be photographed.