



Repton Manor Primary School

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Executive Headteacher
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Ready, Steady... Cook

Dear Parents/Guardians,

I am sure you will agree that cooking and healthy eating are essential life skills for all of us. We learn a great deal from cooking and eating together and producing a meal for others can have a significant impact on the well-being and self-esteem of our children.

Often for younger nursery children this can start by preparing meals with pretend foods in the home corner. Children often go on to baking biscuits and fairy cakes etc. Children love these activities and gain a great deal from them; weighing and measuring; reading recipes; calculating numbers of diners; listening and following instructions; identifying risks; choosing materials and tools; team work and social skills; hygiene and health; writing reports and evaluating; learning from mistakes if they cook as I do!

For the above-mentioned reasons, we would like to offer the Year 5 children a fantastic opportunity for two Year 5 pupils, every Tuesday and Thursday, to spend the day in the school kitchen. They will start the day with a health and safety exercise, learn the rules of the kitchen, help prepare and cook a school meal for 400+ children and adults, serve dinner, help clean away and write a report of their experience.

The catering kitchen is generally a safe place but as you can imagine does contain some risks, hence we are only allowing our older children this opportunity. If you would like your child to take part in this unique opportunity, please read and complete the permission slip below and return to school by 25-11-22. The staff are DBS checked because they work in school and have daily contact with your child already. We have completed a thorough risk assessment for children working in this area but both you and your child need to be aware that we cannot eliminate risks completely. We will expect both children working in the kitchen on their appointed day to listen carefully and behave sensibly as they will be near and working with typical kitchen equipment (e.g. knives, saucepans, ovens) albeit closely supervised.

If you have any questions, please do not hesitate to contact a member of the Year 5 teaching team.

Yours sincerely,

The Year 5 Team

Ready, Steady ... Cook!

Name of Year 5 child:

Name of Parent:

I give permission for my child to spend a day learning in the school kitchen. I understand there **are** risks and that the school will take all necessary steps to protect my child but that all risks cannot be removed from any learning activity nor in the school kitchen. I understand the benefits my child will gain from learning in this environment

I will support my child by discussing the day with them afterwards.

I will support my child by coming to eat the meal they have prepared. (You will be notified of the date to come in and a menu will be sent out so you can choose your meal. Just let us know if you have any allergies when you choose your meal.)

Signature of Parent:

Date: