

# Liddington Multi Activity Center

Sunday 4<sup>th</sup> June – Wednesday  
7<sup>th</sup> June 2023



Please mute yourself upon entry.

**PGL 2022/ 2023**

**Parent Information Evening**

# Dates and Times

Please note these are currently only provisional times – we will confirm departure and arrival times in Term 4 of Year 6.

## Sunday 4th June

- Leave school at approximately 12:00pm
- Arrive approximately 15:30.
- Evening meal provided

## Wednesday 7<sup>th</sup> June

- Leave approximately 2:00pm.
- Arrive back at school approximately 5:30pm.
- Updates sent to school if arrival time changes significantly.





# Who and Where?

## Liddington Multi Activity Center

- Approximately 3hr -3.5hr drive coach has been risk assessed.
- Centre managed by PGL.
- There are 150 acres of grounds packed with activities - so everything is just a short walk away.
- As well as recently constructed accommodation, dining room and indoor activity zone, there are more than 20 activities all situated on site.





# Liddington Multi Activity Accommodation Center

## Timber clad chalets:

- 4-6 bedded rooms.
- Rooms en suite.
- On site security and first aid.
- Teacher rooms at the end of the corridor .
- Boys and girls have separate rooms







# Liddington Multi Activity Center

## Accommodation

- Rooms will be assigned before we go - taking into consideration, where we can, who the children would like to be with.
- The children will find out which room they are in when we arrive at the centre.





# Safety and Medication



- Fully risk assessed site and activities.
- Equipment checked and fitted by fully qualified instructors .
- Fire drills.
- On-site first aid.
- Supervision.
- Site security.
- If any children have any medication please let me know ASAP.
- Please complete medical form attached to permission slip tonight if you have not done so already.

# Food

The PGL breakfast - hot options, cereals, toast, yoghurts, pastries & more!

Lighter tastier lunches - a pit-stop to prepare for a busy afternoon.

Refuel with fresh sandwiches, soups, pasta or salads.

Delicious 'kids favourites' evening meals - crowd pleasing classics such as fish & chips, roast dinners and bangers & mash.

**Any dietary requirements.**





# Activities

Zip Wire



Sensory Trail



Treetop Trail





# Activities

- All activities are run by experienced instructors, who will go through safety rules and explain how to undertake the activities before the children take part.
- School staff also supervise the activities and take part!
- We will encourage children to attempt all activities, but they will not be forced to do anything they are not comfortable with.
- There is first aid available on site and all instructors are fully trained.



# Example timetable

## Sample day on a First Timer Week Adventure holiday

Schedule	Activity
Breakfast	Off to the dining room with the rest of your group to fuel up for the day, you'll need plenty of energy to keep you going. <b>Breakfast</b> includes cereals, toast, yogurts, porridge, and cooked breakfast – you choose! Don't forget to refill your drinks bottle before you head off to your first activity
Morning Activities	<b>Abseiling and Challenge Course</b>
Lunch	Worked up an appetite? Great – it's time to replenish your energy stores with the dining room. If you have energy to spare after <b>lunch</b> your Group Leader will always be ready for a quick kickabout with a ball or you could relax and chat with your new friends.
Afternoon Activities	<b>Giant Swing and Canoeing</b>
Dinner	Time to eat again – a different menu each day (and did we mention, often <b>evening meals</b> come with a hot pudding too – or you can stick with fruit if you prefer).
Evening Ents	Talent shows, campfires, quizzes and much more – your <b>evening entertainment</b> programme gives you the chance to get together with everyone else in your age group and have some laughs.
Bedtime	<b>Bedtime.</b> The younger ones go first whilst older groups have time to chill out and chat or watch a DVD. Then it's lights out and time to sleep ready to do it all over again tomorrow!

Our personal timetable will be made for us and we will hopefully be able to update you about this in our next meeting.

# What to bring and What not to bring!

## What to bring!

- Named sports bag / suitcase – must be able to be carried by child.
- Old clothes – a mixture of outdoor clothes for warm and cold conditions (long sleeves are needed on all three full days for the activities).
- Waterproof jacket.
- 2 towels.
- 2 pairs of trainers (1 likely to get wet).
- Wash kit.
- Sun cream, hats , water bottle, etc.
- Sleeping bag.
- Pillow.
- A disposable camera if wanted
- Pocket money (£5 max).
- Black bin bag – named – for dirty clothes.



# What to bring and What not to bring!

## What not to bring!

- Sweets or snacks.
- Any electrical equipment.
- Mobile phones.
- Anything that you don't want damaged or you don't want lost
- Spray deodorant or glass bottles.
- Fizzy drinks.

# Spending Money

- We are suggesting a maximum of £5 for spending money.
- We ask for the money to be in coin form and in a money bag / wallet with your child's name on.
- It is your child's responsibility to look after their spending money.
- If your child needs any medicine (asthma pumps, travel sickness tablets etc) could these be put into a named bag. Please ensure that you hand these to the trip leader on the day of departure with details of dosage included. Your child's medical form should indicate the need for this medication.

The total cost of the visit is £314.00 per child and includes: accommodation, food, transport from the school to PGL and return, plus daytime activities. We will be asking parents to pay an initial non-refundable deposit of £50 to confirm your child's attendance (by 20<sup>th</sup> October) followed by a payment of £125 (by April 3<sup>rd</sup>) and a final payment of £139 (by 8<sup>th</sup> May). If you will have difficulties meeting these payments or would prefer to pay smaller amounts more frequently, please get in touch with Vikki Reeves either face to face or via email – [sbm@reptonmanor.kent.sch.uk](mailto:sbm@reptonmanor.kent.sch.uk)

Payment and consent for the trip should be made via your ScoPay Account by Thursday 20<sup>th</sup> October 2022. ScoPay will go live on Tuesday 27<sup>th</sup> September. We would love all children to participate in this school adventure, please talk to your class teacher if you have any concerns.



# For more information:

● A parent guide:

<https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>

● Speak to your class teachers, the school office or Mr Jobber:

[Daniel.jobber@reptonmanor.kent.sch.uk](mailto:Daniel.jobber@reptonmanor.kent.sch.uk)

● [shannen.taylor@reptonmanor.kent.sch.uk](mailto:shannen.taylor@reptonmanor.kent.sch.uk)

● [amanda.bashford@reptonmanor.kent.sch.uk](mailto:amanda.bashford@reptonmanor.kent.sch.uk)