

Repton Manor Primary School

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Executive Headteacher Heads of School Chair of Governors Matt Rawling Jackie Chambers and Louise Summers Wayne Wills

24 February 2022

Dear Parents/Guardians,

Year 4 - Bikeability Cycle Training

We are pleased to offer your child a place on a *Bikeability* cycle training session (to level 1+) which will be delivered over a school day during week commencing 9th May 2022 (we will confirm your child's cycling day nearer the time). We are able to cover the cost of the Level 1+ Bikeability programme for Year 4 in 2022 thanks to the Physical Education, School Sport and Physical Activity Government Grant. We are grateful to be able to provide this offer for the introductory Bikeability course but recognise that we may not be able to offer this provision in later years. To attend your child must be able to ride a bike unsupported.

Bikeability is a new and much-improved version of the classic Cycling Proficiency Test and meets the current Government-approved standard (see www.bikeability.org.uk). The training will be delivered by a local scheme (www.CycleCircle.co.uk). The day begins with a cycle safety check to ensure that the children's bikes are roadworthy (basic adjustments will be made if required). The training will start with skills exercises on the playground and will continue on local cycle paths for those who reach the required level of bike control.

Children will need a roadworthy bike and a helmet. Please ensure that your child's bike fits correctly and is safe to ride.

If you wish your child to take part, please complete the consent form and return it to the school **by Friday**, **11**th **March 2022**.

Many thanks for your continued support,

Amanda Bashford Health and Wellness Coach Repton Manor Primary School

Bikeability Cycle Training (level 1): Consent Form

Please read and complete this form and return it to school by Friday, 11th March 2022

| Child's name |
|---|
| Parent/Guardian's name |
| I am the parent or legal guardian of the above child and I give my consent for them to participate in cycle training provided at their school. I understand that: |
| I will need to provide a roadworthy bicycle and cycle helmet Training will take place in the school playground and local cycle paths Completion of training does not mean that it is safe for my child to cycle in all conditions. To become a proficient cyclist takes practice (we recommend attending a level 2 course in year 5/6). The instructor may, at any time, refuse to train my child if their behaviour or competence is deemed to be unsuitable. |
| Signed Parent/Guardian |
| We sometimes take photographs of our training for publicity purposes. Please tick box if you give permission for your child to be photographed. \Box |