



INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent



DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 21 FEBRUARY

TUESDAY 22 FEBRUARY

WEDNESDAY 23 FEBRUARY

THURSDAY 24 FEBRUARY

FRIDAY 25 FEBRUARY



Chicken and Tomato
Pasta Bake
(1, 9)

Mild Chilli Beef with Nachos
(10)

Roast Gammon
with Pineapple

Oven Baked Beef Sausages
with Gravy
(1, 8)

Battered Fish
(1, 4)



Spring Vegetable
Cottage Pie
(10)

Sweet Potato
and Chickpea Samosa
(1)

Cheese and Leek Pie
with a Shortcrust Pastry
(1, 9)

Oven Baked Vegetarian
Sausages with Gravy
(1)

Crispy Quorn Nuggets
(1, 7, 9)



Fresh Pesto Pasta
(1)

Macaroni Cheese
(1, 9, 11)

Roasted Pepper Twist
(1)

Chunky Tomato Pasta
(1)

Salmon Lasagne with a
Cheesy Topping
(1, 4, 7, 9, 11)



Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings

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Fresh Carrots
and Green Beans

Savoury Rice, Roasted
Mediterranean Vegetables
and Sweetcorn

Roast Potatoes, Fresh Broccoli
and Cauliflower

Mashed Potatoes, Fresh Carrots
and Garden Peas

Chips, Baked Beans
and Mushy Peas



Peach and Apple Crumble
with Custard
(1, 9)

Blueberry Muffin
(1, 7)

Chocolate Sponge with
Chocolate Sauce
(1, 7, 9)

Tutti Frutti Thursday

Oatie Cookie
(1)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

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WE ONLY USE



FRESH MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK

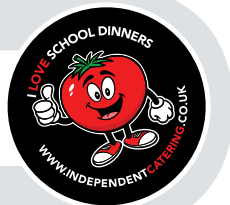


LOCAL FRUIT & VEG



WHOLEMEAL PASTA

INDEPENDENTCATERING.CO.UK
EDUCATERLIMITED.COM



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MONDAY 28 FEBRUARY

TUESDAY 1 MARCH

WEDNESDAY 2 MARCH

THURSDAY 3 MARCH

FRIDAY 4 MARCH



Mild Chicken Curry with Rice
and Naan Bread
(1)

Spaghetti Bolognaise
with Garlic Bread
(1, 8)

Chicken Pie with a
Shortcrust Pastry Topping
(1)

Swedish Style Pork Meatballs
with Mashed Potato
(1, 8)

100% Cod Fishfingers
(1, 4)



Vegetable Pad Thai
(1, 7)

Butternut Squash and
Leek Risotto
(10)

Broccoli and Cauliflower
Filled Yorkshire
(1, 7, 9)

Cheese and Onion Pinwheel
(1, 9)

Carrot and Chickpea Burger
(1, 7)



Mac n' Cheese
(1, 9, 11)

Mediterranean
Vegetable Pasta
(1)

Fresh Pesto Pasta
(1)

Tomato and Basil Twirls
(1)

Vegetable Bolognaise Pasta
(1)



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Homemade Onion Bhaji
and Garden Peas

Roasted Butternut Squash
and Broccoli

Roast Potatoes, Fresh Carrots
and Cabbage

Herby New Potatoes,
Fresh Broccoli and Sweetcorn

Chips, Fruity Slaw (7)
and Baked Beans



Lemon Sponge
with Custard
(1, 7, 9)

Apricot Cupcake
(1, 7)

Apple and Berry Sponge
with Custard
(1, 7, 9)

Tutti Fruitti Thursday

Gingerbread Cookie
(1)

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FRESH MEAT



FREE RANGE EGGS



MSC FISH



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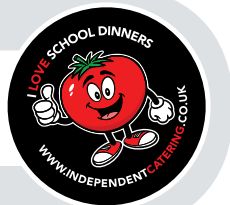


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MONDAY 7 MARCH

TUESDAY 8 MARCH

WEDNESDAY 9 MARCH

THURSDAY 10 MARCH

FRIDAY 11 MARCH



BBQ Pulled Chicken
in a Taco with Rice
(14)

Shepherd Pie
(10)

Roast Beef with
Yorkshire Pudding
(1, 7, 9)



Breaded Fish
(1, 4)



Spring Vegetable
Cottage Pie
(10)

Cheese and Tomato Pizza
(1, 8, 9)

Roasted Root Vegetable Bake
with a Herby Crust
(1)

Mixed Bean Tortilla Stack
(1)



Chunky Tomato Pasta
(1)

Roasted Pepper Spirals
(1)

Vegetable Ragu Pasta
(1)

JUNGLE DAY

Bengal Tiger Chicken Steak
(1, 7, 9, 10, 14)

Arrabiata Pasta
(1)



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One Horned Rhino
Crispy Quorn Nuggets
(1, 7, 9)

Filled Baked Jacket Potato
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choice of toppings

3 Toed Sloth Cheese Pasta
(1, 9, 11)

Gorilla Jacket Potato with a
Choice of Toppings

Jaguar Potato Wedges
Chimpanzee Fresh Carrots
and Garden Peas

Elephant Chocolate Cookie
(1)

Chips, Baked Beans
and Mushy Peas

Fruit Wedges with a Lemon
Shortbread Finger
(1)



Fresh Broccoli
and Sweetcorn

Cubed New Potatoes,
Fresh Carrots and
Chef's Green Salad

Roast Potatoes, Fresh Mashed
Swede and Green Beans



Mixed Berry Sponge
with Custard
(1, 7, 9)

Tutti Fruitti Tuesday

Marble Sponge
with Custard
(1, 7, 9)

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MSC FISH



ORGANIC MILK



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MONDAY 14 MARCH

TUESDAY 15 MARCH

WEDNESDAY 16 MARCH

THURSDAY 17 MARCH

FRIDAY 18 MARCH



Mexican Style Chicken
Enchilada with Rice
(1, 9)

Beefburger in a Bun
(1, 10, 11, 14)

Roast Turkey and
Yorkshire Pudding
(1, 7, 9)

Beef Lasagne
with Garlic Bread
(1, 7, 8, 9, 11)

100% Cod Fishfingers
(1, 4)



Bean and Vegetable Goulash
with Cous Cous
(1)

Vegetarian Burger in a Bun
(1, 8)

Tomato and
Caramelised Onion Tart
(1, 7, 9)

Vegetable Byriani
(10)

Cheese and Tomato Baked Pitta
(1, 9)



Macaroni Cheese
(1, 9, 11)

Mixed Roasted
Vegetable Pasta
(1)

Chunky Tomato Pasta
(1)

Fresh Pesto Pasta
(1)

Vegetable Bolognaise Pasta
(1)



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Fresh Carrots
and Green Beans

Oven Baked Potato Wedges,
Stack a Burger Salads,
Garden Peas

Roast Potatoes, Fresh Cabbage
and Carrots

Fresh Broccoli
and Sweetcorn

Chips, Baked Beans and
Mushy Peas



Apple and Banana Crumble
with Custard
(1, 7, 9)

Cinnamon Sponge with
Butterscotch sauce
(1, 7, 9, 14)

Chocolate Brownie (1, 7)
with Fruit Wedges

Tutti Fruitti Thursday

Fruity Flapjack
(1, 14)

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THURSDAY 24 MARCH

FRIDAY 25 MARCH



Mild Beef Curry
with Poppadum

Chicken Meatballs in a
Herby Tomato Sauce
with Spaghetti
(1, 8)

Roast Gammon
with Pineapple
(14)

Beef Sausage Toad in the Hole
with Gravy
(1, 7, 8, 9)

Battered Fish
(1, 4)



Homemade Vegetable
Spring Roll
(1)

Mixed Bean Chilli with Rice
(10)

Leek, Squash and
Parsley Crumble
(1, 9)

Vegetarian Sausage Toad in
the Hole with Gravy
(1, 7, 9)

Mixed Bean Pastry
(1)



3 Cheese Pasta
(1, 9, 11)

Roasted Vegetable Spirals
(1)

Mediterranean
Vegetable Pasta
(1)

Chunky Tomato Pasta
(1)

Salmon and Pea Pasta
(1, 4, 9)



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Rice, Fresh Broccoli
and Sweetcorn

Roasted Butternut Squash
and Garden Peas

Roast Potatoes, Fresh Broccoli
and Roasted Root Vegetables

Mashed Potatoes, Fresh Carrots
and Green Beans

Chips, Mushy Peas and
Baked Beans



Mandarin Sponge
with Custard
(1, 7, 9)

Mixed Berry Cheesecake
(1, 8, 9)

Apple Cake with a Crunchy
Topping and Custard
(1, 7, 9)

Tutti Fruitti Thursday

Strawberry Muffin
(1, 7)

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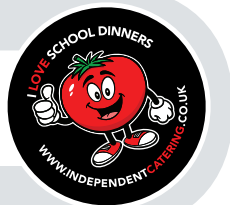


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MONDAY 28 MARCH

TUESDAY 29 MARCH

WEDNESDAY 30 MARCH

THURSDAY 31 MARCH

FRIDAY 1 APRIL



Bolognaise Pasta Bake
with Garlic Bread
(1, 8, 9)

Sweet and Sour Chicken with
Noodles and Prawn Cracker
(1, 2, 7, 8, 14)



Meat Feast Pizza
(1, 8, 9)

Breaded Fish
(1, 4)



Spinach and Chickpea Curry
with Rice
(10)

Italian Bean Stew
with Dumplings
(1)

Cheese and Tomato Pizza
(1, 8, 9)

Mixed Bean
and Rice Wrap
(1)



Fresh Pesto Twirls
(1)

Mac n' Cheese
(1, 9, 11)

Vegetable Bolognaise Pasta
(1)

Roasted Pepper Spirals
(1)



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Roast Beef with
Yorkshire Pudding
(1, 7, 9)

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Mushroom, Pepper and
Pesto Strudel
(1)

Chunky Tomato Pasta (1)

Herby New Potatoes,
Coleslaw (7) and Garden Peas

Chips, Baked Beans
and Mushy Peas

Jacket Potato with a
Choice of Toppings
Roast Potatoes, Fresh Broccoli
and Carrots

Easter Cupcake
(1, 7)

Tutti Frutti Thursday

Oatie Orange Cookie
(1)



Fresh Broccoli
and Sweetcorn

Fresh Stir Fry Vegetables
and Green Beans



Peach Sponge
with Custard
(1, 7, 9)

Steamed Jam Sponge
with Custard
(1, 7, 9)

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