

# Inclusion

## BULLETIN

### Meet the Inclusion Team



**Louise Summers**  
Inclusion Director



**Katie Allen**  
SENCo Assistant  
Your paragraph text

### We can help you with...

- Any concerns that you may have about your child's learning or their development.
- Referral processes for Autism Spectrum Condition (ASC)/ Attention Deficit Hyperactivity Disorder (ADHD) etc.
- Signposting families to additional support or charities for children with special educational needs or disabilities.

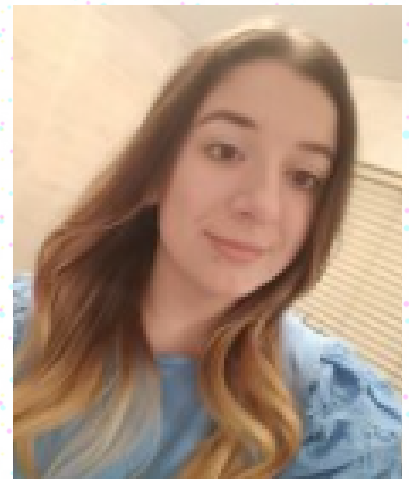
### We can help you with...

- Supporting your child's emotional wellbeing and with changes in family circumstances; including separation or bereavement.
- Assistance involving any issues or concerns that your child may have about school.
- Referrals to access parenting and family support. This may be support with; behaviour, school attendance, mental health, financial hardship etc.

### Meet the Pastoral Team



**Hannah Ferris**  
Safeguarding & Pastoral  
Director



**Sarah Crook**  
Family Liaison Officer

# Community

## SUPPORT & EVENTS



### IncludesUs2

Includes Us 2 is a local parent-driven charity providing information and support to disabled children, young people and their families in the areas of Ashford, Folkestone and Hythe and Dover. They offer a Family Support Service providing practical support on issues affecting families who have a child with a disability or additional needs, supported by a grant from the National Lottery Community Fund.

You can join them by becoming a member of the charity. Membership is open to parents and carers of disabled children and young people and those with additional needs in Ashford, Dover and Folkestone & Hythe. There is no cost involved and benefits include access to information and support, signposting to helpful organisations and involvement in local events and activities. The membership form can be found on their website-[www.includesus2.org.uk](http://www.includesus2.org.uk). You can also follow them on Facebook - <https://www.facebook.com/IncludesUs2>

This Charity provides some great days out for families with some good discounted prices.



### Brogdale CIC

The Brogdale CIC Group is three companies working together to create opportunities for young people and adults with disabilities to thrive. They work with the community for the community. They are a Community Interest Company that specialises in providing exciting, fun, educational activities and work experience for disadvantaged and disabled young people.

Brogdale Community Interest Company (BCIC) was established in March 2010 to develop leisure and employment opportunities for disabled children and young people within a mainstream community environment at Brogdale Farm, Faversham. This has since grown with six different sites across Ashford & Swale. Core to the development of BCIC is the intention that it will be the children, young people and their families who will identify and prioritise the activities to be undertaken so that it fits within the local community's needs. As a result of parent and young people feedback they have now expanded their activities across all of Swale, Ashford, Canterbury and Dover and surrounding areas. The vision of Brogdale CIC is to enable disabled and disadvantaged young people and adults to take part in a range of leisure and work opportunities

Activities in Ashford: Stourside Farm Club, Cook Up Ideas and Lego Club. Explore their website for more information-

<https://brogdalecic.co.uk/> or have a look at their Facebook page - <https://www.facebook.com/Brogdalecic>

# Community

## SUPPORT & EVENTS



### Find a Voice

Supporting people of all ages who have severe speech, language and communication needs by providing access to life enhancing advice, equipment and training.

Find A Voice supports children and adults who have a severe speech, language or communication difficulty, and who may require some form of augmentative and alternative communication (AAC) support. This can include signing, symbols or a communication aid. Support is provided in person, by telephone and via this website.

Find a Voice have their very own Sensory Room which can be used at a cost of £5 per hour. Children must be accompanied by an adult. For more information about the services that they can provide - follow the link below.

<https://www.findavoice.org.uk/>

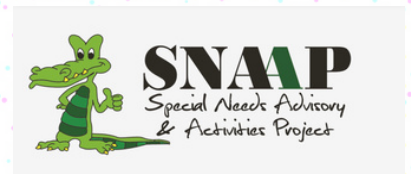
### SNAAP - Special Needs Advisory and Activities Service

SNAAP informs, encourages and supports parents and carers, enabling them to provide the best possible help to their children via a range of services.

Their priority is to provide the help you need when you need it the most and they focus upon the whole family and not just on the child with disabilities.

Whilst this organisation is Canterbury based - they do run events in the Dover and Folkestone areas. For more information please see their website - <https://www.snaap.org.uk/index.html>

For their calendar of events including family days for families with a child with special educational needs or disability, follow this link - <https://bookwhen.com/snaap>



# Community

## SUPPORT & EVENTS

Holiday Activities  
and Food  
Programme  
Kent



Helping families to flourish

### **What is the Holiday Activities and Food (HAF) Programme?**

The HAF Programme offers families of children aged 4 to 16, who are eligible for benefits related free school meals (FSM), opportunities to access a range of free activities in the Easter, summer, and Christmas holidays. If you are not sure if you are eligible, please use the eligibility checker:

<https://www.cloudforedu.org.uk/ofsm/kent/>

### **When is the Programme Available?**

The programme runs for one week at Easter, four weeks over the summer and one week at Christmas.

### **What Can I Expect When I Go?**

Each programme will provide a range of exciting activities, games and new experiences for children, along with a healthy main meal. Children will have the chance to try new sporty or creative activities and to make new friends. There will also be the opportunities for families to share ideas about how to source high quality, healthy food cheaply, creative ways to encourage a healthy diet and fun ways to cook as a family.

### **How Are Children with Additional Needs Included?**

All the programme partners are committed to making their programme accessible for a wide range of children. Providing the programme with good information about your child and their needs will enable them to ensure that your child is fully included and can enjoy the opportunities that are offered.

The above information has been taken from the link below. Additional information can also be found here - <https://www.theeducationpeople.org/holiday-activities-and-food-programme-kent-haf/welcome-information-for-families/>

# Community

## SUPPORT & EVENTS



### PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

#### **ASDA**

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

#### **TESCO**

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

#### **SAINSBURYS CAFES**

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

#### **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### **THE REAL GREEK**

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

#### **TABLE TABLE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### **TRAVELODGE**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### **HUNGRY HORSE**

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

#### **PREMIER INN**

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### **SIZZLING PUBS**

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

#### **IKEA**

Kids get a meal from 95p daily from 11am

#### **MORRISONS**

Spend £4.49 & get one free kids meal all day, every day.

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

#### **PRETO**

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### **BILLS**

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

#### **WHITBREAD INNS**

Two kids under 16 eat for FREE with every adult breakfast purchased

#### **SA BRAINS PUBS**

Children can eat for £1 with any adult main. Valid All Day Wednesdays

#### **FUTURE INNS**

Under 12's eat for free with any adult meal. During the school holidays

#### **PAUSA CAFE @ DUNELM**

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

#### **YO! SUSHI**

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

#### **TO BE CONFIRMED...**

M&S and Farmhouse Inns

# Websites and Helplines

FOR PARENTS & PUPILS

	<p><b>Shout – UK’s 24/7 Crisis Text Service for Mental Health Support</b></p> <p>Shout 85258 is the UK’s first 24/7 text service for anyone in crisis. Get free, confidential mental health support anytime, anywhere. Text ‘SHOUT’ to 85258 <a href="https://giveusashout.org/">https://giveusashout.org/</a></p>
	<p><b>The Be You Project</b></p> <p>The Be You Project is aimed at the LGBTQ+ community and anyone else seeking support regarding sexuality (schools, parents etc.) <a href="https://thebeyouproject.co.uk/">https://thebeyouproject.co.uk/</a></p>
	<p><b>Helping a Young Person Manage Anger   Mental Health</b></p> <p>This guide offers information and advice for youth workers on how to support a young person struggling with anger, or displaying aggressive behaviour. <a href="https://www.youngminds.org.uk/">https://www.youngminds.org.uk/</a></p>
	<p><b>SEND Fire Safe Toolkit</b></p> <p>Lancashire Fire and Rescue Service’s Toolkit for helping teach people with Special Educational Needs and Disabilities (SEND) about fire safety and how to be safe in other situations. Teachers and others who work with people with SEND can select the activities they feel are more suitable for their learners. <a href="https://www.lancsfireandrescue.org.uk/education/special-educational-needs-and-disabilities-send/">https://www.lancsfireandrescue.org.uk/education/special-educational-needs-and-disabilities-send/</a></p>
	<p><b>Free Parenting Courses</b></p> <p>These free online courses are available in 15 to 20 minute chunks, perfect for busy parents and carers. There are five separate courses starting during pregnancy and continuing up until a child’s 19<sup>th</sup> birthday. <a href="https://inourplace.co.uk/">https://inourplace.co.uk/</a></p>
	<p><b>Boundaries: Public, Private, Personal Space</b></p> <p>Teaching teenagers with autism about personal boundaries may help them avoid embarrassing situations and thus, may help prevent them from getting into risky/troublesome situations. <a href="https://teenage-resource.middletownautism.com/">https://teenage-resource.middletownautism.com/</a></p>