

## How to make a Zentangle shape

Zentangle is artwork which uses patterns made up of a series of doodles.

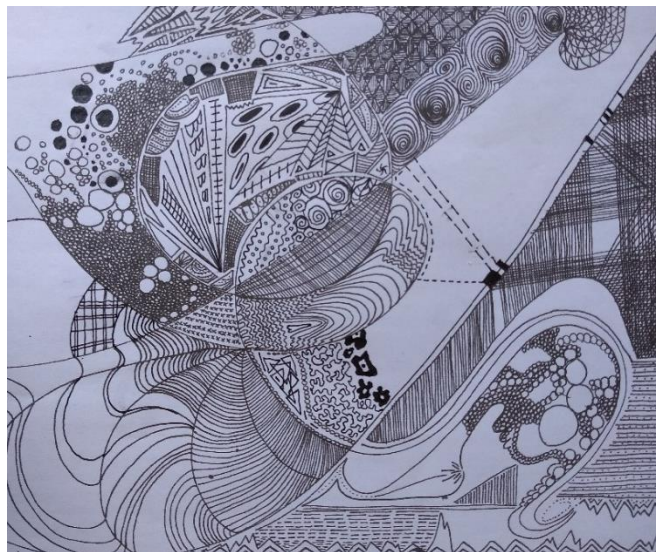
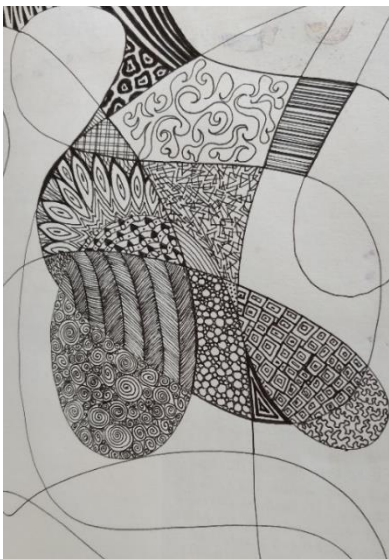


The first thing you need to do is either print off, or sketch, a template. This could be any shape you like. You want it to be no bigger than a quarter of an A4 sheet.

You then need to start your Zentangle. There are some great ideas on Google Images, but if you use that, remember your online safety.

Start by drawing random lines all over your template. I've used flowing curves for mine, but you could use straight lines. What you are aiming for are lots of different size and shape areas to fill in with your doodle patterns.

Then, get doodling – a black fine-liner works well, or gel pens or a biro, but you could do a multi-coloured one with fine felt pens. You need to fill each space with a different doodle pattern. Here are some I have started:



I did this by drawing a very faint pencil outline. I then filled the shape in, right up to the line with my doodles, and then, once the ink was dry, I rubbed out the pencil line.

