

Year 5



Personal Safety

- I can describe some of the communities in which I am involved and describe how I collaborate with others positively.
- I can describe ways technology can affect healthy sleep and can describe some of the issues.
- I can describe the helpline services who can support me and what I would say and do if I needed their help (e.g. Childline).
- I can explain why information that is on a large number of sites may still be inaccurate or untrue. I can assess how this might happen (e.g. the sharing of misinformation either by accident or on purpose).

Social and Emotional Skills

- I can make decisions based on what I think is right and wrong. (moral compass)
- I understand the word resilient and show that I try my best.
- I can take part in a debate, listen carefully to other opinions and explain my own opinion.
- I can take responsibility for my behaviours and recognise the benefits and costs to me personally.

Personal Care

- I know when/if I might need to apply deodorant.
- I can identify e.g. eczema, asthma, head lice, verrucas, starting my period etc. and how to deal with those situations.
- I have some basic first aid awareness and know how to deal with a medical emergency.
- I know what my mind/body needs in difference circumstances. (water, exercise etc.)

Understanding the World

- I am beginning to understand/take an interest in politics in our country.
- I can name crimes that are against the law and can explain why they are wrong.
- I have an understanding of current affairs and can engage in a conversation about them.
- I can help prepare food for a meal.

Please ask your child's class teacher if you have any questions regarding this document and its use. A separate document will be re-released regarding our Relationships and Sex Education guidance before term 6.