

Year 3



Personal Safety

- I can explain what is meant by the term 'identity'.
- I can explain ways in which and why I might change my identity depending on what I am doing online (e.g. gaming; using an avatar; social media).
- I can explain what bullying is and can describe how people may bully others.
- I can give reasons why I should only share information with people I choose to and can trust. I can explain that if I am not sure or I feel pressured, I should ask a trusted adult.

Social and Emotional Skills

- I can recognise and value the feelings of others especially when working as part of a team.
- I know what to do to calm down and action this independently.
- I can empathise with other people's emotions.
- I can understand the concept of bullying, how to recognise it and address it.
- I recognise that children's actions can affect my feelings.

Personal Care

- I can choose a meal I know I will eat.
- I can tie my own shoelaces.
- I know to wash my hands after coughing/sneezing into them.
- I can get changed for PE or other activities quickly and can look after my belongings.
- I know what to do if I get lost.
- I am able to come to school prepared for the day and pack my own bag. (Knowing if I need my PE kit or reading book)

Understanding the World

- I understand the value of money.
- I am aware of road safety and know when it is safe to cross the road.
- I have an understanding of the annual calendar and can identify a few key dates. (Christmas/Birthday)

Please ask your child's class teacher if you have any questions regarding this document and its use. A separate document will be re-released regarding our Relationships and Sex Education guidance before term 6.